

# SCVSFSA

## Base Menu Spreadsheet Portion Values - Detailed

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## Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

Generated on: 9/13/2021 2:51:09 PM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Wed - 09/01/2021						
K-8 Breakfast	Total	5				
CYCLE 18-Breakfast	SERVING	1	0.00	0	0.0	0.0
Benefit Bar, Banana Choc	1	1	3.00	23	5.0	48.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 18-Lunch	SERVING	1	0.00	0	0.0	0.0
Salad, Specialty Southwest	Container	1	10.74	*5	35.99	65.6
Pizza, Cheese, Nardones 16	Slice	1	3.00	6	20.0	31.0
Pizza, Meateaters, Nardones	Slice	1	3.00	6	21.0	27.0
Cucumber Slices IW***	Pkg	3	1.00	1	1.0	2.0
Corn, Cnd 1/2c	1/2 CUP	1	1.50	*N/A*	3.0	25.5
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Blueberries, Frozen, 1/2c	1/2 cup	1	2.09	7	0.33	9.43
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	2	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Jalapeno Ranch	2 TBSP	1	0.00	1	1.0	2.0
Weighted Daily Average			6.60	*25	24.44	85.02
% of Calories				*19.3%	18.7%	65.2%
Nutrient Guideline						

Thu - 09/02/2021						
K-8 Breakfast	Total	5				
CYCLE 19-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Blueberries, Frozen, 1/2c	1/2 cup	5	2.09	7	0.33	9.43
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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## Base Menu Spreadsheet Portion Values - Detailed

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	2				
CYCLE 19-Lunch	SERVING	1	0.00	0	0.0	0.0
Chicken, Orange	3.9 oz	1	0.00	11	11.0	21.0
Rice, Brown, WG 1/2cup	1/2 cup	1	1.06	*N/A*	2.12	18.58
Burrito, Bean & Cheese, Lunch	5.75 oz	1	6.00	*N/A*	16.0	54.0
Salad Blend&Spinach, 1c	1 cup	2	1.43	*2	1.58	4.27
Zucchini Sticks IW*	Pkg	2	1.00	1	1.0	3.0
Applesauce, unsw, cnd 1/2c	1/2 cup	2	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Weighted Daily Average			7.27	*25	18.71	83.10
% of Calories				*21.7%	16.5%	73.3%
Nutrient Guideline						

Fri - 09/03/2021						
K-8 Breakfast	Total	5				
CYCLE 20-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
CYCLE 20-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Chicken Tenders	3 Pieces	2	1.00	*N/A*	14.0	15.0
Flatbread, Mama Mia	Serving	2	4.00	4	15.16	32.57
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	1	2.02	*1	1.02	6.03
Apple	1 EACH	1	2.54	11	0.28	14.64
Fruit, Cnd, Variety 1/2c	1/2 CUP	4	1.58	*N/A*	0.39	17.13
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Weighted Daily Average			5.46	*22	18.23	66.27
% of Calories				*20.9%	17.7%	64.2%
Nutrient Guideline						

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**SCVSFSA**

Base Menu Spreadsheet  
Portion Values - Detailed

**Sep 1, 2021 thru Sep 30, 2021**

Combined: K-8 Breakfast/K-8 Lunch

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Mon - 09/06/2021						
K-8 Breakfast	Total	5				
HOLIDAY No School Today	SERVING	1	0.00	0	0.0	0.0
CYCLE 21-Breakfast	SERVING	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
HOLIDAY No School Today	SERVING	1	0.00	0	0.0	0.0
CYCLE 21	SERVING	1	0.00	0	0.0	0.0
Weighted Daily Average			0.00	0	0.00	0.00
% of Calories				0.0%	0.0%	0.0%
Nutrient Guideline						

Tue - 09/07/2021						
K-8 Breakfast	Total	5				
CYCLE 22-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Apple	1 EACH	5	2.54	11	0.28	14.64
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 22-Lunch	SERVING	1	0.00	0	0.0	0.0
SP Enchilada, Chicken	1 Enchilada	1	4.60	*1	15.87	22.03
Sandwich, PBJ Grape	Sandwich	1	4.00	*N/A*	10.0	32.0
Sandwich, Sunwise no-nut option	Sandwich	1	5.00	12	9.0	32.0
String Cheese 168	PACKAGE	2	0.00	*N/A*	7.0	0.0
HOTM Peppers	1 Each	3	0.97	2	0.46	2.77
Salad Blend&Spinach, 1c	1 cup	3	1.43	*2	1.58	4.27
Pears, Cnd, Sliced 1/2c	1/2 cup	3	2.00	*N/A*	0.42	16.05
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Weighted Daily Average			7.17	*27	19.58	80.84
% of Calories				*21.7%	15.8%	65.1%
Nutrient Guideline						

Wed - 09/08/2021						
K-8 Breakfast	Total	5				
CYCLE 23-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Crumble	Container	1	2.00	25	6.0	44.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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## Base Menu Spreadsheet Portion Values - Detailed

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	3				
CYCLE 23-Lunch	SERVING	1	0.00	0	0.0	0.0
Burrito, Bean & Cheese, Lunch	5.75 oz	1	6.00	*N/A*	16.0	54.0
Pizza, Cheese, Nardones 16	Slice	1	3.00	6	20.0	31.0
Pizza, Meateaters, Nardones	Slice	1	3.00	6	21.0	27.0
Celery Sticks IW	Pkg	3	2.00	2	1.0	3.0
3 Bean Salad:	1/2 cup	3	1.60	*1	1.73	7.99
Beans, Red Kidney, Cnd V 1/6 c	1/6 CUP	1	2.32	*N/A*	2.32	7.3
Beans, Garbanz, Cnd, Veg 1/6 c	1/6 cup	1	2.00	*N/A*	2.0	6.67
Green Beans, Cnd 1/6c	1/6 CUP	1	0.33	*N/A*	0.0	1.66
Dressing, Italian	2 TBSP	1	0.00	2	0.0	6.0
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	1	1.60	*N/A*	0.55	18.26
Brownie Cup	1.5 oz	1	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Weighted Daily Average			7.44	*25	21.86	89.97
% of Calories				*18.5%	16.3%	67.2%
Nutrient Guideline						

Thu - 09/09/2021						
K-8 Breakfast	Total	5				
CYCLE 24-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Roll, Mini, WG, IW, P	pkg	1	1.98	9	2.65	26.46
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 24-Lunch	SERVING	1	0.00	0	0.0	0.0
Pork Carnitas, for Taco	2 oz	2	0.00	0	15.0	0.0
Cheese, Shredded for topping	1/8 cup	2	0.00	0	1.71	0.05
Taco Shell	Shell	1	0.00	0	1.0	12.0
Tortilla, Flour, 6" WG	Tortilla	1	2.00	*N/A*	3.0	15.0
Corn Dog, Chicken	1 Each	1	2.00	8	9.0	30.0
Salad Blend&Spinach, 1c	1 cup	3	1.43	*2	1.58	4.27
Jicama Sticks IW***	Pkg	3	1.00	2	1.0	3.01
Apple Slices IW	2 oz Pkg	3	1.00	5	0.0	7.0
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average % of Calories			6.13	*21 *17.0%	20.58 16.5%	83.44 66.9%
Nutrient Guideline						

Fri - 09/10/2021						
K-8 Breakfast	Total	5				
CYCLE 25-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
CYCLE 25-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Macaroni & Cheese #6	2/3 Cup	2	2.00	*N/A*	17.0	31.0
Panini, BBQ Chicken	1	2	2.74	15	17.78	44.72
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Cool Tropics Juice Slush	pouch	4	0.00	15	0.0	19.0
Nectarine, Fresh	1 EACH	4	2.31	11	1.44	14.35
Fruit, Cnd, Variety Lunch	1/2 CUP	4	1.75	*N/A*	0.0	14.25
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Weighted Daily Average % of Calories			5.54	*34 *27.7%	19.37 15.8%	83.05 67.7%
Nutrient Guideline						

Mon - 09/13/2021						
K-8 Breakfast	Total	5				
CYCLE 01-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	4				
CYCLE 01-Lunch	SERVING	1	0.00	0	0.0	0.0
Pork, BBQ, Shredded	4 oz	2	2.00	9	17.0	13.0
Roll, WG 4"	Roll	2	3.00	2	7.0	27.0
Nada, Pizza	Pkg	2	4.00	2	14.0	32.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Broccoli, Frz 1/2c	1/2 CUP	4	1.14	1	1.24	2.92
Orange Wedges (whole)	whole orange	4	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Cookie, Choc Chip (pre-baked)	Cookie	3	1.00	9	1.0	18.5
Cookie, Choc Chip (to bake)	Cookie	1	1.00	9	1.0	18.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Marinara Sauce	1/4 cup	1	1.00	2	1.0	4.5
BBQ Sauce	2 Tbsp	1	0.00	8	0.0	10.69
Weighted Daily Average			7.21	*26	21.90	85.57
% of Calories				*20.7%	17.6%	68.8%
Nutrient Guideline						

Tue - 09/14/2021						
K-8 Breakfast	Total	5				
CYCLE 02-Breakfast	SERVING	1	0.00	0	0.0	0.0
Pancake & Sausage Stick, WG	1 EACH	1	1.40	*N/A*	7.0	19.8
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Plum, Fresh	1 Each	5	0.92	7	0.46	7.54
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	2				
CYCLE 02-Lunch	SERVING	1	0.00	0	0.0	0.0
Hot Dog, Turkey Frank	5" Frank	1	0.00	0	7.0	1.0
Bun, Hot Dog, WG, 6"	Bun	1	3.00	3	6.0	27.0
Cheeseburger Sliders	Pkg	1	2.40	3	18.7	30.0
HOTM Peppers	1 Each	2	0.97	2	0.46	2.77
Salad Blend&Spinach, 1c	1 cup	2	1.43	*2	1.58	4.27
Peaches, Sliced, Cnd 1/2c	1/2 cup	2	1.60	*N/A*	0.55	18.26
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Marinara Sauce	1/4 cup	1	1.00	2	1.0	4.5
Weighted Daily Average			5.76	*23	19.00	73.41
% of Calories				*21.4%	17.6%	68.0%
Nutrient Guideline						

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# SCVSFSA

## Base Menu Spreadsheet Portion Values - Detailed

Page 7

Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

Generated on: 9/13/2021 2:51:09 PM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Wed - 09/15/2021						
K-8 Breakfast	Total	5				
CYCLE 03-Breakfast	SERVING	1	0.00	0	0.0	0.0
Pancakes, Mini, Maple, IW	Pkg	1	3.00	12	4.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 03-Lunch	SERVING	1	0.00	0	0.0	0.0
Salad, Specialty Caesar	Container	1	2.55	*4	22.11	12.42
Pizza, Cheese, Nardones 16	Slice	1	3.00	6	20.0	31.0
Pizza, Meateaters, Nardones	Slice	1	3.00	6	21.0	27.0
Cucumber Slices IW***	Pkg	3	1.00	1	1.0	2.0
Green Beans, Cnd 1/6c	1/4 CUP	1	0.50	*N/A*	0.0	2.49
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	1	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	2	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Creamy Caesar, Ken's	2 Tbsp	1	0.00	1	1.0	1.0
Weighted Daily Average			5.19	*23	22.56	78.36
% of Calories				*17.9%	17.8%	61.8%
Nutrient Guideline						

Thu - 09/16/2021						
K-8 Breakfast	Total	5				
CYCLE 04-Breakfast	SERVING	1	0.00	0	0.0	0.0
PopTart	1	1	6.00	29	4.0	75.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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**SCVSFSA**

Base Menu Spreadsheet  
Portion Values - Detailed

**Sep 1, 2021 thru Sep 30, 2021**

Combined: K-8 Breakfast/K-8 Lunch

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	2				
CYCLE 04-Lunch	SERVING	1	0.00	0	0.0	0.0
Burrito, Bean & Cheese, Lunch	5.75 oz	1	6.00	*N/A*	16.0	54.0
Deli Sandwich Meat-Turkey	Sandwich	1	0.00	*N/A*	12.4	1.28
Cheese, Slice	2 slice	1	0.00	*N/A*	5.0	2.0
Roll, WG 4"	Roll	1	3.00	2	7.0	27.0
Salad Blend&Spinach, 1c	1 cup	2	1.43	*2	1.58	4.27
Zucchini Sticks IW*	Pkg	2	1.00	1	1.0	3.0
Apple Slices IW	2 oz Pkg	2	1.00	5	0.0	7.0
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Mayonnaise, pkt	Packet	1	0.00	*N/A*	0.0	1.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Weighted Daily Average			7.63	*23	20.13	90.11
% of Calories				*17.9%	15.8%	70.6%
Nutrient Guideline						

Fri - 09/17/2021						
K-8 Breakfast	Total	5				
CYCLE 05-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
CYCLE 05-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Quesadilla, cheese&green chile	Pkg	2	4.40	1	17.0	32.0
Cheesy Garlic Toast	1	2	1.37	*0	19.38	34.58
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	4	2.02	*1	1.02	6.03
Fruit Cup, Froz Berries	container	1	2.00	16	0.0	20.0
Fruit, Cnd, Variety 1/2c	1/2 CUP	4	1.58	*N/A*	0.39	17.13
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Weighted Daily Average			5.80	*22	19.72	72.52
% of Calories				*17.2%	15.6%	57.4%
Nutrient Guideline						

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# SCVSFSA

## Base Menu Spreadsheet Portion Values - Detailed

Page 9

# Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
<b>Mon - 09/20/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 06-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
CYCLE 06-Lunch	SERVING	1	0.00	0	0.0	0.0
Chicken Patty	Pattie	2	1.00	1	15.0	13.0
Bun, Hamburger, 3.5"	BUN	2	0.59	*N/A*	3.1	19.81
Cheesy Pull-Aparts, Southwest	Pkg	2	2.00	5	14.0	33.0
Potatoes, Wedges, Low-sodium,	1/2 cup	4	2.00	0	2.0	16.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Orange Wedges (whole)	whole orange	4	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Cookie, Choc Chip (pre-baked)	Cookie	3	1.00	9	1.0	18.5
Cookie, Choc Chip (to bake)	Cookie	1	1.00	9	1.0	18.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Mayonnaise, pkt	Packet	1	0.00	*N/A*	0.0	1.0
Marinara Sauce	1/4 cup	2	1.00	2	1.0	4.5
Weighted Daily Average			6.51	*23	21.06	89.68
% of Calories				*16.5%	14.9%	63.5%
<b>Nutrient Guideline</b>						

<b>Tue - 09/21/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 07-Breakfast	SERVING	1	0.00	0	0.0	0.0
Yogurt, Yoplait Trix	4 oz	1	0.00	*N/A*	4.0	17.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Kiwi, Whole***	1 each	5	2.28	7	0.87	11.14
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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**SCVSFSA**

Base Menu Spreadsheet  
Portion Values - Detailed

**Sep 1, 2021 thru Sep 30, 2021**

Combined: K-8 Breakfast/K-8 Lunch

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	6				
CYCLE 07-Lunch	SERVING	1	0.00	0	0.0	0.0
Meatballs, Beef 5	5 Meatballs	2	1.00	1	13.0	5.0
Marinara Sauce	1/4 cup	2	1.00	2	1.0	4.5
Cheese, Shredded for topping	1/8 cup	2	0.00	0	1.71	0.05
Roll, WG 4"	Roll	2	3.00	2	7.0	27.0
Sandwich, PBJ Grape	Sandwich	2	4.00	*N/A*	10.0	32.0
Sandwich, Sunwise no-nut option	Sandwich	2	5.00	12	9.0	32.0
String Cheese 168	PACKAGE	4	0.00	*N/A*	7.0	0.0
HOTM Peppers	1 Each	6	0.97	2	0.46	2.77
Salad Blend&Spinach, 1c	1 cup	6	1.43	*2	1.58	4.27
Applesauce, unsw, cnd 1/2c	1/2 cup	6	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	6	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	3	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
Weighted Daily Average			7.33	*24	23.41	78.62
% of Calories				*18.2%	18.0%	60.6%
Nutrient Guideline						

Wed - 09/22/2021						
K-8 Breakfast	Total	5				
CYCLE 08-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Toast	Pkg	1	3.00	7	5.0	30.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 08-Lunch	SERVING	1	0.00	0	0.0	0.0
Yogurt, 8 oz Lowfat,	8 oz	1	0.23	*N/A*	10.43	39.92
Granola, Cinnamon	1/4 cup	1	1.00	6	2.0	17.0
Fruit Cup, Froz Strawberry	container	1	2.00	18	1.0	22.0
Pizza, Cheese, Nardones 16	Slice	1	3.00	6	20.0	31.0
Pizza, Meateaters, Nardones	Slice	1	3.00	6	21.0	27.0
Celery Sticks IW	Pkg	3	2.00	2	1.0	3.0
3 Bean Salad:	1/2 cup	3	1.60	*1	1.73	7.99
Beans, Red Kidney, Cnd V 1/6 c	1/6 CUP	1	2.32	*N/A*	2.32	7.3
Beans, Garbanz, Cnd, Veg 1/6 c	1/6 cup	1	2.00	*N/A*	2.0	6.67
Green Beans, Cnd 1/6c	1/6 CUP	1	0.33	*N/A*	0.0	1.66
Dressing, Italian	2 TBSP	1	0.00	2	0.0	6.0
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	1	2.00	*N/A*	0.42	16.05
Brownie Cup	1.5 oz	3	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Weighted Daily Average			7.77	*29	21.51	95.65
% of Calories				*20.9%	15.5%	68.9%
Nutrient Guideline						

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**SCVSFSA**

Base Menu Spreadsheet  
Portion Values - Detailed

**Sep 1, 2021 thru Sep 30, 2021**

Combined: K-8 Breakfast/K-8 Lunch

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
<b>Thu - 09/23/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 09-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 09-Lunch	SERVING	1	0.00	0	0.0	0.0
SP Turkey Taco Meat 1.6	1.67 oz	1	1.70	*0	13.88	3.89
Turkey Taco Meat 1.67oz	1.67 oz	1	1.70	*0	13.88	3.89
Cheese, Shredded for topping	1/8 cup	1	0.00	0	1.71	0.05
Tortilla, Flour, 6" WG	Tortilla	1	2.00	*N/A*	3.0	15.0
Taco Shell	Shell	1	0.00	0	1.0	12.0
Chicken Tenders	3 Pieces	1	1.00	*N/A*	14.0	15.0
Salad Blend&Spinach, 1c	1 cup	3	1.43	*2	1.58	4.27
Jicama Sticks IW***	Pkg	3	1.00	2	1.0	3.01
Apple Slices IW	2 oz Pkg	3	1.00	5	0.0	7.0
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Weighted Daily Average			6.15	*20	20.32	76.99
% of Calories				*17.3%	17.3%	65.6%
<b>Nutrient Guideline</b>						

<b>Fri - 09/24/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 10-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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# SCVSFSA

## Base Menu Spreadsheet Portion Values - Detailed

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	4				
CYCLE 10-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Macaroni & Cheese #6	2/3 Cup	2	2.00	*N/A*	17.0	31.0
Nada, Pizza	1 Each	2	4.00	2	14.0	32.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	4	2.02	*1	1.02	6.03
Sidekicks Frozen Fruit Juice	Container	1	0.00	*N/A*	0.0	20.0
Fruit, Cnd, Variety 1/2c	1/2 CUP	4	1.58	*N/A*	0.39	17.13
Belly Bears, Chocolate	package	4	2.03	*N/A*	2.03	20.25
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Weighted Daily Average			6.51	*20	19.42	80.59
% of Calories				*16.9%	16.3%	67.8%
Nutrient Guideline						

Mon - 09/27/2021						
K-8 Breakfast	Total	5				
CYCLE 11-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
.	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	4				
CYCLE 11-Lunch	SERVING	1	0.00	0	0.0	0.0
Hamburger Patty	Patty	2	0.00	1	12.0	2.0
Bun, Hamburger, 3.5"	BUN	2	0.59	*N/A*	3.1	19.81
Cheese, Slice, Optional	1 slice	1	0.00	*N/A*	2.5	1.0
Cheesy Pull-Apart, Italian	Pkg	2	2.00	5	14.0	32.0
Potatoes, Wedges, Low-sodium,	1/2 cup	4	2.00	0	2.0	16.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Orange Wedges (whole)	whole orange	4	2.30	*N/A*	0.9	11.28
Peaches, Sliced, Cnd 1/2c	1/2 cup	1	1.60	*N/A*	0.55	18.26
Cookie, Carnival (pre-baked)	1.5 oz	3	1.50	14	2.0	27.0
Cookie, Carnival (to bake)	1.5 oz	1	1.50	14	2.0	27.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Mayonnaise, pkt	Packet	1	0.00	*N/A*	0.0	1.0
Marinara Sauce	1/4 cup	1	1.00	2	1.0	4.5
Weighted Daily Average			6.46	*25	21.07	90.44
% of Calories				*17.7%	14.6%	62.8%
Nutrient Guideline						

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**SCVSFSA**

Base Menu Spreadsheet  
Portion Values - Detailed

**Sep 1, 2021 thru Sep 30, 2021**

Combined: K-8 Breakfast/K-8 Lunch

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
<b>Tue - 09/28/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 12-Breakfast	SERVING	1	0.00	0	0.0	0.0
Mini Bagel Pull-Aparts, Strawb	1	1	2.00	13	6.0	41.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Orange Wedges (whole)	whole orange	1	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 12-Lunch	SERVING	1	0.00	0	0.0	0.0
SP Sweet & Sour Chicken	1.17 cup	1	1.06	*0	11.88	43.81
Sweet/Sour Chicken:chix strips	1/2 cup	1	0.00	0	7.0	3.0
Sweet & Sour Glaze JTM	2 TBSP	1	0.00	*N/A*	0.12	24.72
Rice, Brown, WG 1/2cup	1/2 cup	1	1.06	*N/A*	2.12	18.58
Chicken Tenders	3 Pieces	1	1.00	*N/A*	14.0	15.0
HOTM Peppers	1 Each	3	0.97	2	0.46	2.77
Salad Blend&Spinach, 1c	1 cup	3	1.43	*2	1.58	4.27
Applesauce, unsw, cnd 1/2c	1/2 cup	3	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Weighted Daily Average			4.43	*19	17.64	74.60
% of Calories				*17.6%	16.5%	69.8%
Nutrient Guideline						

<b>Wed - 09/29/2021</b>						
K-8 Breakfast	Total	5				
CYCLE 13-Breakfast	SERVING	1	0.00	0	0.0	0.0
Pancake Bowl, Peach	Pkg	1	2.00	15	5.0	41.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0

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**SCVSFSA**

**Sep 1, 2021 thru Sep 30, 2021**

Base Menu Spreadsheet

Combined: K-8 Breakfast/K-8 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
K-8 Lunch	Total	3				
CYCLE 13-Lunch	SERVING	1	0.00	0	0.0	0.0
Salad, Specialty Asian	Container	1	2.99	23	35.18	30.05
Pizza, Cheese, Nardones 16	Slice	1	3.00	6	20.0	31.0
Pizza, Meateaters, Nardones	Slice	1	3.00	6	21.0	27.0
Cucumber Slices IW***	Pkg	3	1.00	1	1.0	2.0
Corn, Cnd 1/2c	1/2 CUP	3	1.50	*N/A*	3.0	25.5
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Brownie Cup	1.5 oz	3	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Asian	2 TBSP	1	0.00	6	1.0	7.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			6.49	*30	24.50	97.55
% of Calories				*19.7%	16.3%	65.0%
Nutrient Guideline						

Thu - 09/30/2021						
K-8 Breakfast	Total	5				
CYCLE 14-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
.	-	1	0.00	0	0.0	0.0
K-8 Lunch	Total	3				
CYCLE 14-Lunch	SERVING	1	0.00	0	0.0	0.0
SP Chick Taco Meat	1/2 cup	1	0.00	0	9.64	0.52
Chicken, Fajita Strips	1.7 oz	1	0.00	0	9.64	0.52
Cheese, Shredded for topping	1/8 cup	1	0.00	0	1.71	0.05
Tortilla, Flour, 6" WG	Tortilla	1	2.00	*N/A*	3.0	15.0
Taco Shell	Shell	1	0.00	0	1.0	12.0
Cheesy Pull-Aparts, Southwest	Pkg	1	2.00	5	14.0	33.0
Salad Blend&Spinach, 1c	1 cup	3	1.43	*2	1.58	4.27
Zucchini Sticks IW*	Pkg	3	1.00	1	1.0	3.0
Pears, Cnd, Sliced 1/2c	1/2 cup	3	2.00	*N/A*	0.42	16.05
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Marinara Sauce	1/4 cup	1	1.00	2	1.0	4.5
Weighted Daily Average			6.35	*19	19.54	81.97
% of Calories				*16.6%	17.0%	71.5%
Nutrient Guideline						

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# SCVSFSA

Base Menu Spreadsheet  
 Portion Values - Detailed

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Sep 1, 2021 thru Sep 30, 2021

Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Weighted Average			6.44	*24 *43.1%	20.69 16.5%	82.75 66.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Fiber (g)	6.44				Missing			
Sugars (g)	24	19.16%						
Protein (g)	20.69	16.54%						
Carbohydrate (g)	82.75	66.14%						

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