

# SCVSFSA

Oct 1, 2021 thru Oct 31, 2021

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 1

Generated on: 9/28/2021 7:11:30 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Fri - 10/01/2021						
Pinetree	Total	9				
CYCLE 15-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Fruit, Canned, Breakfast	1/2 CUP	5	1.50	*N/A*	0.25	18.75
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 15-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Sandwich, Toasted Cheese	Sandwich	1	2.00	*4	13.08	40.01
Carrots, baby-cut, IW	1pkg	3	1.00	*N/A*	0.0	4.0
Green Beans, cnd 1/2c	1/2 CUP	3	1.00	*N/A*	0.0	5.0
Nectarine, Fresh	1 EACH	3	2.31	11	1.44	14.35
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Weighted Daily Average			3.95	*20	13.02	63.55
% of Calories				*23.1%	14.9%	72.7%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 2

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Mon - 10/04/2021						
Pinetree	Total	9				
NO SCHOOL TODAY	SERVING	1	0.00	0	0.0	0.0
CYCLE 16-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cherry Apple Crunch Bar	bar	1	2.00	16	4.0	42.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Fruit, Canned, Breakfast	1/2 CUP	5	1.50	*N/A*	0.25	18.75
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 16-Lunch	SERVING	1	0.00	0	0.0	0.0
Sandwich, PBJ Strawberry	Sandwich	1	4.00	*N/A*	10.0	32.0
Sandwich, Sunwise no-nut option	Sandwich	1	5.00	12	9.0	32.0
String Cheese 168	PACKAGE	2	0.00	*N/A*	7.0	0.0
Carrots, baby-cut, IW	1pkg	3	1.00	*N/A*	0.0	4.0
Peas, Sweet, Cnd 1/2c	1/2 Cup	3	3.00	*N/A*	4.0	12.0
Orange Wedges (whole)	whole orange	3	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Cookie, Carnival (pre-baked)	1.5 oz	2	1.50	14	2.0	27.0
Cookie, Carnival (to bake)	1.5 oz	1	1.50	14	2.0	27.0
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			6.23	*24	17.50	83.30
% of Calories				*18.9%	13.8%	65.9%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 3

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Tue - 10/05/2021						
Pinetree	Total	8				
NO SCHOOL TODAY	SERVING	1	0.00	0	0.0	0.0
CYCLE 17-Breakfast	SERVING	1	0.00	0	0.0	0.0
Muffin, Sweet Potato Choc Chip	Muffin	1	2.00	*N/A*	3.0	25.0
String Cheese brkfst	PACKAGE	1	0.00	*N/A*	7.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Fruit, Canned, Breakfast	1/2 CUP	5	1.50	*N/A*	0.25	18.75
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
.	-	1	0.00	0	0.0	0.0
CYCLE 17-Lunch	SERVING	1	0.00	0	0.0	0.0
Cheesy Pull-Aparts, Southwest	Pkg	1	2.00	5	14.0	33.0
Corn & Black Beans***	1/2 cup	1	4.75	*N/A*	5.0	22.75
Salad Blend&Spinach, 1c	1 cup	2	1.43	*2	1.58	4.27
HOTM Melon	1 Each	2	0.32	5	0.49	6.04
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Weighted Daily Average			4.20	*18	15.92	72.42
% of Calories				*17.4%	15.7%	71.2%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 4

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Wed - 10/06/2021						
Pinetree	Total	9				
CYCLE 18-Breakfast	SERVING	1	0.00	0	0.0	0.0
Benefit Bar, Banana Choc	1	1	3.00	23	5.0	48.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bear, Bkfst Honey	PKG	3	1.00	*N/A*	2.0	20.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 18-Lunch	SERVING	1	0.00	0	0.0	0.0
Salad, Specialty Southwest	Container	1	10.74	*5	35.99	65.6
Cheesy Pull-Aparts, Southwest	Pkg	1	2.00	5	14.0	33.0
Cucumber Slices 1/2c IW***	Pkg	3	1.00	1	1.0	2.0
Green Beans, cnd 1/2c	1/2 CUP	1	1.00	*N/A*	0.0	5.0
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Strawberries, Frozen BAG 1/2c	1/2 Cup	1	1.44	4	0.48	5.53
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	2	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Jalapeno Ranch	2 TBSP	1	0.00	1	1.0	2.0
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			5.37	*21	18.46	70.76
% of Calories				*20.1%	17.5%	67.1%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 5

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Thu - 10/07/2021						
Pinetree	Total	8				
CYCLE 19-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Blueberries, Frozen, 1/2c	1/2 cup	5	2.09	7	0.33	9.43
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 19-Lunch	SERVING	1	0.00	0	0.0	0.0
Burrito, Bean & Cheese, Lunch	5.75 oz	1	6.00	*N/A*	16.0	54.0
Corn, Cnd 1/2c	1/2 CUP	2	1.50	*N/A*	3.0	25.5
Zucchini Sticks 1/2c IW*	Pkg	2	1.00	1	1.0	3.0
Applesauce, unsw, cnd 1/2c	1/2 cup	2	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			6.28	*20	15.15	72.68
% of Calories				*20.0%	15.3%	73.6%
Nutrient Guideline						

Fri - 10/08/2021						
Pinetree	Total	10				
CYCLE 20-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 20-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Quesadilla, cheese&green chile	Pkg	1	4.40	1	17.0	32.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	1	2.02	*1	1.02	6.03
Apple	1 EACH	1	2.54	11	0.28	14.64
Fruit, Cnd, Variety 1/2c	1/2 CUP	4	1.58	*N/A*	0.39	17.13
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 6

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average			4.33	*19	12.22	53.74
% of Calories				*25.4%	16.7%	73.4%
Nutrient Guideline						

Mon - 10/11/2021						
Pinetree	Total	15				
CYCLE 21-Breakfast	SERVING	1	0.00	0	0.0	0.0
Mini Bagel Pull-Aparts, Cinn	Pkg	1	2.00	13	6.0	41.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	1	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	1	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	1	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 21-Lunch	SERVING	1	0.00	0	0.0	0.0
Taco Stick, Beef & Cheese	Pkg	2	3.85	1	20.07	31.87
Beans, Veg Baked, 1/2c - CK	1/2 cup	1	5.21	10	6.03	26.85
Carrots, baby-cut, IW	1pkg	6	1.00	*N/A*	0.0	4.0
Orange Wedges (whole)	whole orange	6	2.30	*N/A*	0.9	11.28
Cookie, Choc Chip (pre-baked)	Cookie	5	1.00	9	1.0	18.5
Cookie, Choc Chip (to bake)	Cookie	1	1.00	9	1.0	18.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	2	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	2	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			3.45	*15	9.79	39.22
% of Calories				*23.9%	16.1%	64.6%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 7

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Tue - 10/12/2021						
Pinetree	Total	9				
CYCLE 22-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Apple	1 EACH	5	2.54	11	0.28	14.64
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 22-Lunch	SERVING	1	0.00	0	0.0	0.0
Sandwich, PBJ Grape	Sandwich	1	4.00	*N/A*	10.0	32.0
Sandwich,Sunwise no-nut option	Sandwich	1	5.00	12	9.0	32.0
String Cheese 168	PACKAGE	2	0.00	*N/A*	7.0	0.0
Green Beans, cnd 1/2c	1/2 CUP	3	1.00	*N/A*	0.0	5.0
Cucumber Coins 1/4c	1/4 cup	3	0.00	*N/A*	0.0	0.95
HOTM Melon	1 Each	3	0.32	5	0.49	6.04
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			4.84	*24	14.98	65.83
% of Calories				*24.1%	14.9%	65.3%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 8

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Wed - 10/13/2021						
Pinetree	Total	9				
CYCLE 23-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Crumble	Container	1	2.00	25	6.0	44.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 23-Lunch	SERVING	1	0.00	0	0.0	0.0
Yogurt, ParfaitPro (LF Van.)	1 cup	1	5.21	43	11.0	78.31
Granola, Cinnamon	1/4 cup	1	1.00	6	2.0	17.0
Strawberries, Frozen BAG 1/2c	1/2 Cup	1	1.44	4	0.48	5.53
Burrito, Bean & Cheese, Lunch	5.75 oz	1	6.00	*N/A*	16.0	54.0
Celery Sticks IW	Pkg	3	2.00	2	1.0	3.0
Corn, Cnd 1/2c	1/2 CUP	3	1.50	*N/A*	3.0	25.5
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	1	1.60	*N/A*	0.55	18.26
Brownie Cup	1.5 oz	3	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			6.81	*29	16.77	94.63
% of Calories				*22.5%	13.0%	73.4%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 9

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Thu - 10/14/2021						
Pinetree	Total	9				
CYCLE 24-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Roll, Mini, WG, IW, P	pkg	1	1.98	9	2.65	26.46
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 24-Lunch	SERVING	1	0.00	0	0.0	0.0
Corn Dogs, Mini Chicken	6 Mini Dogs	1	0.00	*N/A*	10.58	28.7
3 Bean Salad:	1/2 cup	3	1.60	*1	1.73	7.99
Beans, Red Kidney, Cnd V 1/6 c	1/6 CUP	1	2.32	*N/A*	2.32	7.3
Beans, Garbanz, Cnd, Veg 1/6 c	1/6 cup	1	2.00	*N/A*	2.0	6.67
Green Beans, Cnd 1/6c	1/6 CUP	1	0.33	*N/A*	0.0	1.66
Dressing, Italian	2 TBSP	1	0.00	2	0.0	6.0
Jicama Sticks IW***	Pkg	3	1.00	2	1.0	3.01
Apple Slices IW	2 oz Pkg	3	1.00	5	0.0	7.0
Fruit Juice, Variety	4 fl.oz.	3	0.00	*N/A*	0.5	15.5
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Weighted Daily Average			5.59	*18	14.87	74.80
% of Calories				*17.4%	14.4%	72.2%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 10

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Fri - 10/15/2021						
Pinetree	Total	10				
CYCLE 25-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 25-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Grilled Cheese Sand WG RF IW	sandwich	2	3.00	6	18.66	31.58
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Cool Tropics Juice Slush	pouch	4	0.00	15	0.0	19.0
Grapes, Fresh 1/2c	1/4 CUP	4	0.21	4	0.14	3.94
Fruit, Cnd, Variety Lunch	1/2 CUP	4	1.75	*N/A*	0.0	14.25
Brownie Cup	1.5 oz	1	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			4.00	*28	13.85	64.46
% of Calories				*30.2%	15.2%	70.8%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 11

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
<b>Mon - 10/18/2021</b>						
Pinetree	Total	10				
CYCLE 01-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 01-Lunch	SERVING	1	0.00	0	0.0	0.0
Cheesy Pull-Apart, Italian	Pkg	2	2.00	5	14.0	32.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Broccoli, Frz 1/4c	1/4 CUP	4	0.57	0	0.62	1.46
Orange Wedges (whole)	whole orange	4	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Cookie, Choc Chip (pre-baked)	Cookie	3	1.00	9	1.0	18.5
Cookie, Choc Chip (to bake)	Cookie	1	1.00	9	1.0	18.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Marinara Sauce	1/4 cup	1	1.00	2	1.0	4.5
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			4.86	*21	14.66	67.46
% of Calories				*20.9%	14.9%	68.4%
<b>Nutrient Guideline</b>						

<b>Tue - 10/19/2021</b>						
Pinetree	Total	8				
CYCLE 02-Breakfast	SERVING	1	0.00	0	0.0	0.0
Pancake & Sausage Stick, WG	1 EACH	1	1.40	*N/A*	7.0	19.8
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Plum, Fresh	1 Each	5	0.92	7	0.46	7.54
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 02-Lunch	SERVING	1	0.00	0	0.0	0.0
Chicken Nuggets Tyson	5 pieces	1	3.00	1	16.0	16.0
Jicama Sticks	1/4 cup	2	0.38	0	0.0	0.75
Broccoli, Frz 1/2c	1/2 CUP	2	1.14	1	1.24	2.92
HOTM Melon	1 Each	2	0.32	5	0.49	6.04
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 12

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average			4.10	*20	14.37	54.35
% of Calories				*24.8%	18.0%	68.0%
Nutrient Guideline						

Wed - 10/20/2021						
Pinetree	Total	9				
CYCLE 03-Breakfast	SERVING	1	0.00	0	0.0	0.0
Pancakes, Mini, Maple, IW	Pkg	1	3.00	12	4.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bear, Bkfst Honey	PKG	3	1.00	*N/A*	2.0	20.0
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
Syrup	1 TBSP	1	0.00	*N/A*	0.0	12.5
:	-	1	0.00	0	0.0	0.0
CYCLE 03-Lunch	SERVING	1	0.00	0	0.0	0.0
Salad, Specialty Caesar	Container	1	2.55	*4	22.11	12.42
Corn Dogs, Mini Chicken	6 Mini Dogs	1	0.00	*N/A*	10.58	28.7
Cucumber Slices 1/2c IW***	Pkg	3	1.00	1	1.0	2.0
Green Beans, Cnd 1/6c	1/4 CUP	1	0.50	*N/A*	0.0	2.49
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	1	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	2	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Creamy Caesar, Ken's	2 Tbsp	1	0.00	1	1.0	1.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			3.92	*19	16.64	68.28
% of Calories				*17.5%	15.4%	63.4%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 13

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Thu - 10/21/2021						
Pinetree	Total	8				
CYCLE 04-Breakfast	SERVING	1	0.00	0	0.0	0.0
PopTart	1	1	6.00	29	4.0	75.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	5	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 04-Lunch	SERVING	1	0.00	0	0.0	0.0
Deli Sandwich Meat-Turkey	Sandwich	1	0.00	*N/A*	12.4	1.28
Cheese, Slice, Optional	1 slice	1	0.00	*N/A*	2.5	1.0
Roll, WG 4"	Roll	1	3.00	2	7.0	27.0
Corn, Cnd 1/2c	1/2 CUP	2	1.50	*N/A*	3.0	25.5
Zucchini Sticks 1/2c IW*	Pkg	2	1.00	1	1.0	3.0
Apple Slices IW	2 oz Pkg	2	1.00	5	0.0	7.0
Fruit Juice, Variety	4 fl.oz.	2	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Mayonnaise, pkt	Packet	1	0.00	*N/A*	0.0	1.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			5.84	*20	15.59	76.24
% of Calories				*18.5%	14.8%	72.2%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 14

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Fri - 10/22/2021						
Pinetree	Total	10				
CYCLE 05-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 05-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Burrito, Bean & Cheese, Lunch	5.75 oz	2	6.00	*N/A*	16.0	54.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	4	2.02	*1	1.02	6.03
Kiwi, Whole***	1 each	1	2.28	7	0.87	11.14
Fruit, Cnd, Variety 1/2c	1/2 CUP	4	1.58	*N/A*	0.39	17.13
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			5.36	*18	13.81	62.77
% of Calories				*21.0%	15.8%	71.6%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 15

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
<b>Mon - 10/25/2021</b>						
Pinetree	Total	10				
CYCLE 06-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 06-Lunch	SERVING	1	0.00	0	0.0	0.0
Cheesy Pull-Aparts, Southwest	Pkg	2	2.00	5	14.0	33.0
Beans,Black,Cnd,Drnd Veg 1/2c	1/2 Cup	4	8.00	*N/A*	7.0	20.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Orange Wedges (whole)	whole orange	4	2.30	*N/A*	0.9	11.28
Fruit, Mixed, Cnd 1/2c	1/2 cup	1	1.00	*N/A*	0.0	18.0
Cookie, Choc Chip (pre-baked)	Cookie	3	1.00	9	1.0	18.5
Cookie, Choc Chip (to bake)	Cookie	1	1.00	9	1.0	18.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Salsa, Mild, Cnd	2 TBSP	2	1.00	*N/A*	1.0	4.0
Weighted Daily Average			7.93	*20	17.32	75.33
% of Calories				*18.8%	16.1%	70.1%
Nutrient Guideline						

<b>Tue - 10/26/2021</b>						
Pinetree	Total	12				
CYCLE 07-Breakfast	SERVING	1	0.00	0	0.0	0.0
Yogurt, Yoplait Trix	4 oz	1	0.00	*N/A*	4.0	17.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Honey	PKG	3	1.00	*N/A*	2.0	20.0
Kiwi, Whole***	1 each	5	2.28	7	0.87	11.14
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 07-Lunch	SERVING	1	0.00	0	0.0	0.0
Corn Dogs, Mini Chicken	6 Mini Dogs	2	0.00	*N/A*	10.58	28.7
Cucumber Coins 1/4c	1/4 cup	6	0.00	*N/A*	0.0	0.95
Corn, Cnd 1/2c	1/2 CUP	6	1.50	*N/A*	3.0	25.5
HOTM Melon	1 Each	6	0.32	5	0.49	6.04
Fruit Juice, Variety	4 fl.oz.	6	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	3	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Mustard, Pkt	packet	1	0.05	*N/A*	0.21	0.29
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 16

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average			3.10	*19	14.68	66.59
% of Calories				*20.3%	15.3%	69.5%
Nutrient Guideline						

Wed - 10/27/2021						
Pinetree	Total	9				
CYCLE 08-Breakfast	SERVING	1	0.00	0	0.0	0.0
Cinnamon Toast	Pkg	1	3.00	7	5.0	30.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Applesauce, unsw, cnd 1/2c	1/2 cup	5	2.00	*N/A*	0.0	13.0
Fruit Juice, Variety	4 fl.oz.	5	0.00	*N/A*	0.5	15.5
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 08-Lunch	SERVING	1	0.00	0	0.0	0.0
Yogurt Parfait, LF Vanilla	Container	1	6.03	*N/A*	7.84	69.96
Granola, Cinnamon	1/4 cup	1	1.00	6	2.0	17.0
Strawberries, Frozen BAG 1/2c	1/2 Cup	1	1.44	4	0.48	5.53
Chicken Tenders	3 Pieces	1	1.00	*N/A*	14.0	15.0
Celery Sticks IW	Pkg	3	2.00	2	1.0	3.0
Green Beans, cnd 1/2c	1/2 CUP	1	1.00	*N/A*	0.0	5.0
Banana	1 EACH	3	2.11	*N/A*	0.88	18.5
Pears, Cnd, Sliced 1/2c	1/2 cup	1	2.00	*N/A*	0.42	16.05
Milk, Nonfat	HALF PINT	1	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Ketchup Pkt	Packet	1	0.00	*N/A*	0.0	2.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			5.32	*18	14.22	68.91
% of Calories				*18.4%	14.9%	72.2%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 17

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Thu - 10/28/2021						
Pinetree	Total	9				
CYCLE 09-Breakfast	SERVING	1	0.00	0	0.0	0.0
Breakfast Bun, WG	BUN	1	3.00	10	6.0	39.0
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Belly Bears, Cinnamon	package	3	1.00	*N/A*	2.0	21.0
Banana	1 EACH	5	2.11	*N/A*	0.88	18.5
Peaches, Sliced, Cnd 1/2c	1/2 cup	5	1.60	*N/A*	0.55	18.26
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 09-Lunch	SERVING	1	0.00	0	0.0	0.0
Taco Stick, Beef & Cheese	Pkg	1	3.85	1	20.07	31.87
3 Bean Salad:	1/2 cup	3	1.60	*1	1.73	7.99
Beans, Red Kidney, Cnd V 1/6 c	1/6 CUP	1	2.32	*N/A*	2.32	7.3
Beans, Garbanz, Cnd, Veg 1/6 c	1/6 cup	1	2.00	*N/A*	2.0	6.67
Green Beans, Cnd 1/6c	1/6 CUP	1	0.33	*N/A*	0.0	1.66
Dressing, Italian	2 TBSP	1	0.00	2	0.0	6.0
Jicama Sticks IW***	Pkg	3	1.00	2	1.0	3.01
Apple Slices IW	2 oz Pkg	3	1.00	5	0.0	7.0
Sidekicks Frozen Fruit Juice	Container	3	0.00	*N/A*	0.0	20.0
Brownie Cup	1.5 oz	1	2.00	14	1.5	26.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk,1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Taco Sauce, Mild	pkt	1	0.12	*N/A*	0.1	1.18
Salsa, Mild, Cnd	2 TBSP	1	1.00	*N/A*	1.0	4.0
Weighted Daily Average			5.98	*20	15.54	74.14
% of Calories				*19.5%	15.3%	73.2%
Nutrient Guideline						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**SCVSFSA**

**Oct 1, 2021 thru Oct 31, 2021**

Base Menu Spreadsheet

Pinetree

Portion Values - Detailed

Page 18

Generated on: 9/28/2021 7:11:31 AM

	Portion Size	Reimb Qty	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)
Fri - 10/29/2021						
Pinetree	Total	10				
CYCLE 10-Breakfast	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Cereal, Cheerios	Bowl	1	2.86	1	3.52	20.75
Cereal, Cinn Toast Crunch, RS	Bowl	1	3.00	6	1.0	22.0
Cereal, Trix, WG, RS	Bowl	1	1.00	7	1.0	24.0
Crackers, Jungle	1 oz	3	1.09	*N/A*	2.18	19.63
Apple Slices IW	2 oz Pkg	5	1.00	5	0.0	7.0
Fruit, Mixed, Cnd 1/2c	1/2 cup	5	1.00	*N/A*	0.0	18.0
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	3	0.00	15	11.0	16.0
:	-	1	0.00	0	0.0	0.0
CYCLE 10-Lunch	SERVING	1	0.00	0	0.0	0.0
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*
Sandwich, PBJ Strawberry	Sandwich	2	4.00	*N/A*	10.0	32.0
Sandwich, Sunwise no-nut option	Sandwich	1	5.00	12	9.0	32.0
String Cheese 168	PACKAGE	1	0.00	*N/A*	7.0	0.0
Carrots, baby-cut, IW	1pkg	4	1.00	*N/A*	0.0	4.0
Vegetable, Cnd, Variety 1/2c	1/2 Cup	4	2.02	*1	1.02	6.03
Nectarine, Fresh	1 EACH	1	2.31	11	1.44	14.35
Fruit, Cnd, Variety Lunch	1/2 CUP	4	1.75	*N/A*	0.0	14.25
Belly Bears, Chocolate	package	4	2.03	*N/A*	2.03	20.25
Milk, Nonfat	HALF PINT	2	0.00	13	9.0	13.0
Milk, 1% Lowfat	HALF PINT	1	0.00	15	11.0	16.0
Milk, Chocolate Nonfat	Carton	1	0.00	22	7.0	23.0
Dressing, Ranch Pkt	Packet	1	0.00	*N/A*	0.0	1.0
Weighted Daily Average			6.26	*20	14.87	67.91
% of Calories				*19.2%	14.2%	65.1%
Nutrient Guideline						

Weighted Average			5.13	*20	14.96	68.45
				*46.8%	15.2%	69.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Fiber (g)	5.13				Missing			
Sugars (g)	20	20.80%						
Protein (g)	14.96	15.24%						
Carbohydrate (g)	68.45	69.71%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.